



Home Learning, E-Learning Ideas

Books are a wonderful way to start a learning engagement. Share with your child or student the book Little Pea by Amy Krouse Rosenthal. A link to the book being read aloud is found below.

https://www.youtube.com/watch?v=F4YTcr7k_jc

Lesson Ideas for Elementary Students:

* Listen to the book. Discuss why this book is humorous. Little Pea wants to eat vegetables while he has to eat candy and many human children like eating candy when they should be eating vegetables.

Students can answer the following questions about the story. As students write, have them trace the capital letters with a green pencil and the punctuation with red. A sentence starting sheet follows.

1. What things did Little Pea enjoy doing?
2. What was one thing Little Pea did not like to do?
3. What was Little Pea's favorite dessert?

Little Pea had to get a different candy every day of the week. Students can fill out the weekly chart of favorite foods.

* Little Pea made choices to eat healthy foods. It's time for you to help with menu planning. Think about a delicious breakfast, lunch and dinner you would love to share with your family. Create a menu for each of these meals. Your menu should include:

Menu Ideas

Ingredient List

Approximate cost of each meal

To determine the meal's cost, use an online grocery store link or an advertisement from your local grocery. A link is below.

<https://www.kingsoopers.com/d/grocery>

(Check out page 4 for a lesson for older students.)

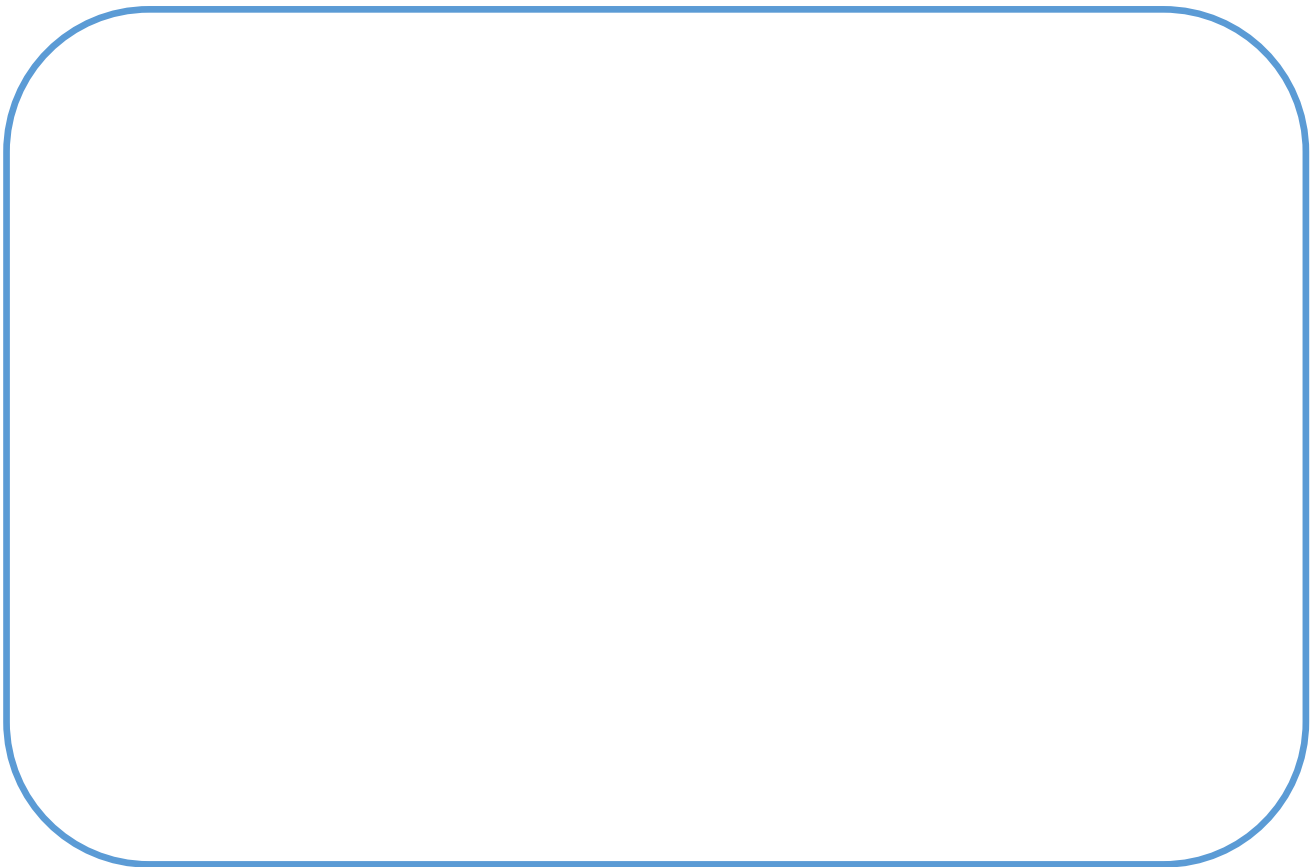
Questions for Little Pea

1. What did Little Pea like to do? _____

2. What was one thing Little Pea did not like to do? _____

3. What was Little Pea's favorite dessert? _____

Draw a picture of your favorite food.



Little Pea had to eat a different colored candy every day of the week. Complete the cart below. Either draw or write the name of a food you would enjoy eating each day of the week.

Day of the Week	Favorite Food
Monday	
Tuesday	
Wednesday	
Thursday	
Friday	
Saturday	
Sunday	

Older Students:

PE class is such an important part of the day of school aged children. With the current changes that many of us are experiencing, PE is not being taught. It is crucial that we find the time during the day to get our body moving. Watch the video: ***What happens to your body when you start exercising regularly?*** Found on Ted Ed:

<https://ed.ted.com/featured/WaARd3SV#review>

After viewing the video, answer the following questions using complete sentences. If you use the *Write Now-Right Now* curriculum, we call these *Shining Star Answers*.

1. Why do people feel more energetic when exercising?
2. What is DOMS and how can you avoid getting it again?
3. What is mitochondria?
4. What are the benefits of sticking with an exercise program for 6-9 months?
5. Why do you think people drop out of an exercise program within the first 6 months?
6. Exercise provides many benefits for people who make exercise a habit. What are some of those benefits?
7. What are some things you can do to make exercise a regular habit?

Next, think about the people in your family. Design a creative exercise program each person can do inside your home. Then design an exercise program you can do in your yard. Get creative with this assignment.

We would love to see what you create. Send a copy of your project to:

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